

HEALTH QUESTIONNAIRE

Name _____

PERSONAL PAST HISTORY Circle "yes" or "no" Year

Cancer	Yes	No	_____
if "yes", type			_____
Arthritis	Yes	No	_____
Back trouble	Yes	No	_____
Pneumonia	Yes	No	_____
Asthma	Yes	No	_____
Emphysema	Yes	No	_____
Rheumatic fever	Yes	No	_____
High blood pressure	Yes	No	_____
Heart disease	Yes	No	_____
Anemia	Yes	No	_____
Bleeding tendency	Yes	No	_____
Hepatitis (yellow)	Yes	No	_____
Ulcer	Yes	No	_____
Bladder infections	Yes	No	_____
Kidney disease	Yes	No	_____
Hay fever/sinusitis	Yes	No	_____
Glaucoma	Yes	No	_____
Diabetes	Yes	No	_____
Overweight	Yes	No	_____
Current _____	Desired _____		

Last time you were at your desired _____

OPERATIONS

Tonsils	Yes	No	_____
Appendix	Yes	No	_____
Gallbladder	Yes	No	_____
Breast	Yes	No	_____
Uterus or ovary	Yes	No	_____
Hemorrhoids	Yes	No	_____
Heart	Yes	No	_____
Other	Yes	No	_____

FAMILY HISTORY (medical problems, cancer, depression, Alive Deceased Age)

Father _____

Mother _____

Siblings _____

PERSONAL HABITS

Have you ever been a smoker? Yes No

If "yes", what is the most number of packs per day? _____

How old were you when you started smoking? _____

Do you smoke now? Yes No

If you don't smoke now, age when you quit? _____

Do you use alcohol? Yes No

If "yes" number of drinks? _____ how often? _____

Have you ever cut down on drinking? Yes No

OB/GYN

Last normal menstrual period (first day). _____

Length of periods (number of days of bleeding). _____

Number of days between periods? _____

Any recent changes in periods? _____

Are you sexually active? _____

Sexual partners are Men Women Both

Present method of birth control? Pills Tubal Vasectomy

How many pregnancies have you had? _____

How many children do you have? _____ Ages? _____

Did you nurse? Yes No How long? _____

When was your last pap test? _____

What was the result? _____

Have you ever had an abnormal pap test? Yes No

When was your last mammogram? _____

What was the result? _____

Do you do regular self-breast examinations? Yes No

Do you have any concerns about your breast exams?

MEDICATIONS, VITAMINS and/or HERBAL REMEDIES

ALLERGIES circle if you are allergic to:

Tetanus Penicillin Sulfa Other: _____

IMMUNIZATIONS Year

Pneumococcal vaccine _____

Flu Shot _____

ARE YOU?

Married Single In a Long-Term Relationship

Divorced Widowed

Do you ever feel unsafe at home? Yes No

Do you work outside of the home? Yes No

If so, doing what? _____

Do you exercise? Yes No _____

Walk, run, bicycle, cross-country ski, weights

**** PLEASE SEE BACK ****



Patient Label Here

HAVE YOU RECENTLY HAD THE FOLLOWING: Circle "yes" or "no" (if in doubt, leave blank)

General:

Tires easily, weakness	Yes	No
Weight change	Yes	No
Night sweats	Yes	No
Fever	Yes	No
Sensitivity to heat	Yes	No
Sensitivity to cold	Yes	No

Skin:

Rash	Yes	No
Change in hair	Yes	No
Change in nails	Yes	No

Eyes:

Trouble seeing	Yes	No
Eye pain	Yes	No

Ears:

Loss of hearing	Yes	No
ringing in ears	Yes	No

Nose:

Congestion	Yes	No
Nosebleeds	Yes	No

Mouth:

Sore gums	Yes	No
Soreness of tongue	Yes	No
Dental problems	Yes	No

Throat:

Postnasal Drip	Yes	No
Soreness	Yes	No
Hoarseness	Yes	No

Breasts:

Lumps	Yes	No
Discharge	Yes	No

Cardio-Respiratory

Cough, persistent	Yes	No
Sputum (phlegm)	Yes	No
Wheezing	Yes	No
Chest pain or discomfort	Yes	No
Pain on breathing	Yes	No
Shortness of breath	Yes	No
Difficulty breathing lying down	Yes	No
Swelling of ankles	Yes	No

Cardio-Respiratory Systems (continued)

High blood pressure	Yes	No
Palpitations	Yes	No
Vein trouble	Yes	No

Digestive System

Change in appetite	Yes	No
Difficulty swallowing	Yes	No
Heartburn	Yes	No
Abdominal pain	Yes	No
Abdominal swelling	Yes	No
Nausea	Yes	No
Vomiting	Yes	No
Rectal bleeding	Yes	No
Tarry stools	Yes	No
Constipation	Yes	No
Diarrhea	Yes	No
Hemorrhoids	Yes	No

Genitourinary System:

Increase urinary frequency (day)	Yes	No
Increase urinary frequency (night)	Yes	No
Urge to urinate without much urine	Yes	No
Unable to hold urine	Yes	No
Pain or burning	Yes	No
Blood in urine	Yes	No
Inability to have orgasm	Yes	No
Lack of sex drive	Yes	No
Pain with intercourse	Yes	No

Locomotor:

Muscle cramps	Yes	No
Muscle weakness	Yes	No
Pain in joints	Yes	No

Nervous System:

Headaches	Yes	No
Dizziness	Yes	No
Fainting	Yes	No
Nervousness	Yes	No
Sleeplessness	Yes	No
Depression	Yes	No
Suicidal thoughts	Yes	No
Memory loss	Yes	No

Date: _____

Signature: _____



Patient Label Here